



Who are territory therapy solutions?

You may have heard of us but may not be aware of the services we provide and who the team actually are.

Territory Therapy Solutions offers occupational therapy and physiotherapy services throughout the Northern Territory. We are a client centred, culturally aware and goal driven service that strives to support our clients to reach their

maximum functional capacity. Our team has over eighty years of combined experience living and working in the Northern Territory.

Occupational Therapy

Occupational Therapy will help people improve their function and return to meaningful activities of everyday life. To be able to assist you the occupational therapist will complete various assessments, activities and talk about your goals to make a plan for therapy input.

The occupational therapists can provide support with:

- Home modifications
- Assistive technology/equipment
- Supported independent living (SIL) assessments
- Specialist disability accommodation (SDA) assessments
- Sensory assessments
- Early intervention for children 0-7 years
- Driving assessments
- Vehicle modifications
- Upper limb assessments and interventions, including splinting for neurological conditions, and
- ADL program development to increase functional capacity.

Our occupational therapists see people with the following conditions:

- Stroke
- Brain Injury
- Spinal Cord Injuries
- Other Neurological Conditions
- Amputees
- Burns

Criteria for referrals

- Over 18 years of age for urban clients
- 10-18 years at occupational therapist's discretion
- No age limit for remote clients
- All Northern Territory areas serviced

Physiotherapy

Physiotherapy uses a range of treatments to help people to restore, maintain and maximise their physical functioning so that they can get the most out of life.

Assessments may include physical assessments, equipment reviews, vestibular, balance & high-level mobility. Programs are then targeted at the client's needs and goals, and may include clinic or home based physiotherapy, hydrotherapy and equipment prescription.

Our physiotherapists specialise in prevention, assessment, treatment, support, rehabilitation and maintenance of the following conditions:

- Stroke
- Acquired Brain Injury
- Progressive Neurological Conditions
- Spinal Cord Injuries
- Amputees
- Multi Trauma Injury
- Vestibular Disorders/ Dizziness
- Frequent Falls and Balance Disturbances

Criteria for referrals

- Over 18 years of age
- 10-18 years at physiotherapist's discretion
- Darwin region, Tennant Creek, Alice Springs, Tiwi Islands (we can expand services to other remote areas should minimum numbers be met)

Frequently Asked Questions

How can I refer a client to TTS?

We have referral forms available either through our email address of referrals@territorytherapysolutions.com.au or by contacting the office. Each service has its own form for referrals. The physiotherapy service also has an initial service agreement for urban clients which can be used to set up an initial review in a more timely manner without need for individualised quoting. Complete the relevant referral form (and service agreement if required) and return to TTS at referrals@territorytherapysolutions.com.au or click on the link on our website.

Do TTS offer remote services?

Yes we do! We provide OT services to many remote communities as well as Katherine, Tennant Creek, Nhulunbuy and Alice Springs. We also provide physiotherapy services to Tennant Creek, Alice Springs and Tiwi Islands.

Contact our office to find out when the next trip is scheduled, or ask for our remote trip calendar. TTS will always try to keep the costs down for participants and therefore we will usually only go to remote communities when we have four or more clients to see and travel costs are able to be shared, unless of course your participant has an urgent need for therapy. You can refer remote clients at any stage, and we will include them on our list for the next visit once approval has been received.

As the trips take time to coordinate and referrals take time to review and plan, we prefer to have referrals at least three weeks before a scheduled trip and approvals in place two weeks prior to visits. If referrals and approvals are not received in these time frames we may not be able to see your participant until the next trip.

What other services to TTS offer?

At this stage we are only able to offer occupational therapy (including driving assessments), and physiotherapy. We have unfortunately had to suspend our exercise physiology and psychology services for the current time, but we do hope to have these back up and running in the near future. And who knows, we may even expand to include speech pathology – just watch this space!

I've referred a patient, now what?

Upon receipt of the referral, TTS shall review at the next intake meeting. Should we feel that we can assist we shall provide a quote and a service agreement.

You will also receive a "What is..." Info sheet for your patient. This will help explain who TTS are and what we can do for them.

How do I provide feedback?

TTS welcomes feedback from everyone – client's, support workers, family members and Coordinator of Supports.

All feedback is welcome, the good and the bad, and there are a couple of ways to provide it.

- In Person – either face to face, or over the phone.
- In Writing – you can forward us an email or letter.
- Our Feedback Form – we have both a paper version and an online version. Please ask our staff for a copy or for the link to the online version.

Engaging TTS

Should your patient wish to engage TTS for services, we require the Service Agreement signed and returned, as well as the Authority to Share Information which allows us to speak the other medical and allied health people involved with your participant.

Territory Therapy Solutions

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